

Class Schedule

Montag

16:30h Ballett

18:10h Aerial Yoga

19:15h TRX Schlingentraining

20:15h Bungeefit

Dienstag

18:10h Pole Fitness

18:30h ZUMBA

19:45h Pole Fitness Beginner

Mittwoch

15:00 Kreativer Kindertanz

16:00h Zirkus (Kids)

17:30h Aerial Yoga Kids

18:30h Break & Dance

19:30h Salsa Lady Style

20:30h Standard Tanzkurs

NEW

Donnerstag

19:00h Aerial Hoop

20:15h Aerial Sling

20:00h Pole Fitness

Freitag

NEW

15:15h Bungeefly Kids

16:15h Kreativer Kindertanz

TanzLuft Studio

Stieracker 20, 5070 Frick

tanzluft.ch

tanzluft@gmx.ch

+41 79 612 04 09



TANZLUFT
dance is in the air

*neue Stunden starten ab 4 Teilnehmern